



Arizona Swimming 2010 Short Course Age Group State Championship

March 4-7, 2010

Held under the sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming

Sanction #AZ10C109R

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Brophy College Preparatory, Best Swim Club, Inc., Phoenix Swim Club, and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes all warm-up sessions.

Hosted by: Phoenix Swim Club

Meet Director: **Eileen Hatfield** Eileen.Hatfield@gmail.com

Meet Referee: Thomas Oliver Thomas.M.Oliver@gmail.com

Meet

Location: Phoenix Swim Club 2902 E. Campbell Ave., Phoenix, 85016

Course: An eight lane, outdoor, 25 yard pool with non-turbulent lane lines, fully automatic Colorado Timing System. A separate six lane 25 meter warm-up pool will be available for continuous warm up throughout the meet. The meet Referee reserves the right to run nine lanes. The competition course has been certified in accordance with 104.2.2C(4).

Eligibility:

1. Open to any Arizona Swimming registered athlete 14 years old or younger holding a current USA Swimming registration card as of the meet entry deadline.
2. A current, valid USA Swimming registration card must be presented to the Clerk of Course if requested.
3. This is a time standard meet. All swimmers must have equaled or bettered the listed time standard prior to the first day of the meet.
4. Age on March 4, 2010 will govern for the meet.
5. On-deck registration will not be available at any Arizona Swimming meet.
6. Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, meet referee, and entry coordinator as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Rules:

1. The current USA Swimming rules for competitive swimming will govern.
2. All coaches and officials must be USA Swimming registered prior to the competition and wear current registration in a visible manner.
3. The Arizona Swimming controlled meet warm-up will be posted and enforced.
4. Swimmers are limited to three (3) individual events per day, including time trials.
5. Swimmers are limited to six (6) individual events for the meet, excluding time trials. If a swimmer has entered more than six (6) events for the meet or greater than three (3) events a day, the highest numbered event will be dropped until the entry limits are met.
6. Swimmers must enter with a valid qualifying time. Entry times not achieved in Short Course Yards shall be noted as LC (Long Course Meters) or SCM (Short Course Meters). No converted times may be used. Seeding order for this meet will be 1. Short Course Yards, 2. Long Course Meters, 3. Short Course Meters. Please note LC or SM in red. Short Course Qualifying times are published on www.azswimming.org, the Arizona Swimming web site.
7. The top 16 swimmers in the preliminary session will qualify to swim in the finals session, with the consolation heat followed by the championship finals heat.
8. The 500 Free, 1000 Free, 1650 Free, and 400 IM will be deck seeded, and will require positive check-in in order to swim with the Clerk of Course prior to the session in which they are swum. Deadline for check-in to swim the event is 3:30 pm on Thursday for Session I, and 9:30 am for Sessions II, III, and IV.
9. The 500 Free, 1000 Free, 1650 Free, and 400 IM are timed finals events. These events will be swum fastest to slowest, alternating girls and boys by heat.
10. For the 11-12 and 13-14 age groups, the 1000 Free, 1650 Free, and 400 IM will be combined across age groups for seeding, but scored separately by age group. The seeding order will be:
 - First: All conforming (SCY) times at or faster than the 13-14 Q-time standard, regardless of the age of the athlete.
 - Second: All non-conforming (LC or SCM) times at or faster than the 13-14 Q-time standard, but only for 13-14 athletes.
 - Third: All conforming (SCY) times at or faster than the 11-12 Q-time standard but slower than the 13-14 Q-time standard (only 11-12 athletes in this group).
 - Fourth: All non-conforming (LC or SCM) times at or faster than the 11-12 Q-time standard (only 11-12 athletes in this group).
11. The fastest seeded heat in the 11-14 400 IM, the 11-12 500 Free, and the 13-14 500 Free will swim during finals; a separate proof of time is required with entries to be seeded in the top 8. All other heats will be swum during preliminaries. All heats of the 11-14 1650 Free will be swum during the preliminary session; a separate proof of time is required with entries to be seeded in top 8 (or 9). All heats of the 10&Under 500 Free and the 11-14 1000 Free will be

swum in the Thursday timed finals session; a separate proof of time is required with entries to be seeded in the top 8 (or 9). The proof of time may be provided on the form included in the meet flyer or in the Hy-Tek electronic entry that includes the meet and date when the entry time was achieved.

12. For the 500 Free, the 1000 Free, and the 1650 Free events, swimmers must provide their own personnel for timing and lap counting. Swimmers must also provide their own personnel for timing the 400 IM.
13. All Relay events MUST be pre-entered with a seed time. While there is no time standard for relay events, a relay entry without a seed time is invalid. While entry of names is encouraged, no names are required at the time of entry. All Relay events are timed final events with only the top 8 seeded relay teams to be swum during the Finals after the conclusion of all individual events. All other relay teams will be swim in the Preliminary sessions just prior to the distance event being offered in that days session. A distance event would be one of the following events: 400 IM, 500 Free, 1000 Free or 1650 Free. Coaches may pick up their relay cards for the meet at the start of Session I on Thursday. Swimmers' names must be listed on the relay card in order by swimmer when the relay team reports to the blocks to swim. Only two (2) relays per team can be entered for the 800 free relay. There is no limit to the number of relays a team may enter for all other relays, but only the two fastest relays from any one team will be scored. Deck entered relays entries WILL NOT be accepted.
14. Swimmers may only compete in one age group for relays of the same stroke/distance.
15. Time trials will be offered during the meet at the sole discretion of the Meet Referee. Swimmers must be entered in the meet in order to swim time trials. Event order will be posted at the pool. If offered, the 1650 and 1000 yard freestyle will only be offered on Saturday. Swimmers must provide their own personnel to time for all time trial events.
16. The Arizona Age Group scratch rule will be in effect. Failure to report for a finals event will result in the swimmer being barred from the competition for the remainder of that evening's events including relay events, and they will be barred from their next preliminary or timed finals event. Failure to report for a timed finals event requiring positive check-in will result in the swimmer being barred from their next individual event.

Sessions:	Session I: Thursday, March 4th	Warm-up: 3:00 pm	Meet Start: 4:00 pm
	Session II, III, IV:		
	Prelims	Warm-up: 7:30 am	Meet Start: 9:00 am
	Finals	Warm-up: 4:00 pm	Meet Start: 5:00 pm

Entries: All entries must be in a USA SDIF format file (Hy-Tek Commlink), or on the attached Arizona Swimming entry form. All individual entries and all team entries not submitted in the Hy-Tek Commlink format must be received by **Monday, Feb 22, 2010**. Coaches are encouraged to submit team entries in Hy-Tek Commlink format on a 3.25 inch diskette, CD, or by email. Such entries must be received by **Thursday, Feb 25, 2010** and be accompanied by a Hy-Tek meet entry report. The electronic copy will have precedence in case of a discrepancy.

Late Entries: New qualifying standards achieved by an athlete between the specified meet entry deadline and the Sunday prior to the start of the meet will only be accepted by completing the Arizona Swimming entry card. The Arizona Swimming entry card must be delivered to the host team via fax or email. No Exceptions.. These entries must be received no later than 12 noon on the Monday prior to the start of the meet. New qualifying standards may not be used to improve the seed time of a previously submitted entry. Relay entries will not be accepted after the normal entry deadline. FAX NUMBER: -_602-468-0319 or EMAIL: Eileen.Hatfield@gmail.com

Mail or deliver entries to :

Phoenix Swim Club 2902 E. Campbell Ave.

Phoenix, AZ 85016

Phone 602-468-0319

E-mail electronic entries to Eileen Hatfield @ Eileen.hatfield@gmail.com

Entry Fees:	Individual Event	\$ 6.00	Make checks payable to: Phoenix Swim Club Relay only swimmers must pay the LSC surcharge.
	LSC Surcharge	\$ 5.00	
	Relay Events	\$12.00	
	Time Trials	\$ 8.00	

For individual entries and team entries not submitted in the Hy-Tek Commlink format, entries will not be accepted without payment. For team entries submitted in Hy-Tek Commlink files, fees are due to the Clerk of Course prior to the start of the first session of the meet and must be paid by using one team check.

Awards:	Individual events: Medals for 1 st – 8 th place. Ribbons for 9 th – 16 th .
	Relay events Medals for 1 st – 3 rd place.
	High Point: 1 st – 3 rd place for both girls and boys in each age group.
	Team Points: 1 st – 3 rd place for combined team score.

Scoring:	Top 16 places will be scored.	Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
		Relay events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2
		Only two (2) relays per team per event will be scored.

Proof of time is required to be seeded into the top 8 (or 9) of a timed final event (500 Free, 400 IM, 1000 Free, 1650 Free). Proof of time must be submitted with entry. If a swimmer fails to achieve the minimum time standard during the meet, it

Time: will be the swimmer's responsibility to provide proof of adequate prior performance. Failure to provide such verification will result in a \$25 fine per event or possible suspension.

Teams will be assigned lanes to time based on the number of athletes in the session.

Timing:

Parking: Free parking will be available at Mountain View church (not on Sunday) and at Camelback High School (not on Friday morning). On-site parking will be available for \$3 per session. It has become necessary to charge for parking to hire additional police officers to prevent people from parking in the neighborhood.

Officials: Please contact the Meet Referee prior to the meet if you plan to work at the meet. We would appreciate any and all help.

Concessions: A full snack bar will be available

Hotel: Hilton Garden Inn
4000 N. Central Ave.
Phoenix, AZ 85012
(602)279-9811
Room Discount Code:PHX

The host hotel has made available a meeting room for everyone affiliated with this meet. The room may be used for team meetings, breakfast, down time, games, etc.

Courtyard by Marriott
2101 E. Camelback Road
Phoenix, AZ 85016
602-955-5200

Homewood Suites
2001 E. Highland Avenue
Phoenix, AZ 85016
602-508-0937

Theme Days: An award for team spirit will be given at the conclusion of the meet. Each team is encouraged to participate in the theme days. Daily awards will be given!
Thursday: Decorate your team tent
Friday: Hawaiian Attire Day
Saturday: Crazy Hat Day
Sunday: Team Spirit Day(show everyone why your team deserves the Spirit Award!).

Session I – Thursday, March 4, 2010

<u>Girls</u>	<u>Timed Finals – Warm-up: 3:00 pm / Meet Start: 4:00 pm</u>	<u>Boys</u>
<u>Event #</u>	<u>Event</u>	<u>Event #</u>
1	10 & U 500 Free*	2
3	13-14 1650 Free**	4
3a	11-12 1650 Free**	4a

**The 1650 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 4:30 pm in order to swim the event. This is a combined event scored separately by age group. These are timed final events with all heats being swum during the preliminary session. These events will be swum fastest to slowest, alternating girls and boys by heat.

* The 500 Free and 1000 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 3:30 PM in order to swim the event. The 1000 Free is a combined event, scored separately by age group. Events will be swum fastest to slowest, alternating girls and boys by heat.

Session II – Friday, March 5, 2010

Girls

Preliminaries – Warm-up: 7:30 am / Meet Start: 9:00 am

Boys

Finals – Warm-up 4:00 pm / Meet Start: 5:00pm

<u>Event #</u>	<u>Event</u>	<u>Event #</u>
5	13-14 200 Free	6
7	11-12 200 Free	8
9	10 & U 200 Free	10
11	13-14 100 Fly	12
13	11-12 100 Fly	14
15	10 & U 100 Fly	16
17	13-14 100 Back	18
19	11-12 100 Back	20
21	10 & U 100 Back	22
23	13-14 100 Breast	24
25	11-12 100 Breast	26
27	10 & U 100 Breast	28
29	13-14 400 IM **	30
29a	11-12 400 IM **	30a
31	12 & U 400 Free Relay#	32
33	13-14 400 Free Relay#	34

** The 400 IM will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. This is a combined event scored separately by age group. These are timed final events with the fastest seeded heat swimming in finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events. The top 8 seeded relays will be swum during the finals session after the conclusion of all individual events. All other relays will be swum during the prelims sessions.

Session III – Saturday, March 6, 2010

Girls

Preliminaries – Warm-up: 7:30 am / Meet Start: 9:00 am

Boys

Finals – Warm-up 4:00 pm / Meet Start: 5:00 pm

<u>Event #</u>	<u>Event</u>	<u>Event #</u>
35	13-14 200 Medley Relay#	36
37	12 & U 200 Medley Relay#	38
39	10 & U 200 Medley Relay #	40
41	13-14 200 Fly	42
43	11-12 200 Fly	44
45	10 & U 50 Breast	46
47	11-12 50 Breast	48
49	13-14 50 Breast	50
51	10 & U 100 Free	52
53	11-12 100 Free	54
55	13-14 100 Free	56
57	11-12 200 Back	58
59	13-14 200 Back	60
61	10 & U 50 Fly	62
63	11-12 50 Fly	64
65	13-14 50 Fly	66
67	10 & U 100 IM	68
69	11 -12 100 IM	70
71	13-14 500 Free***	72
73	11-12 500 Free***	74
75	13-14 800 Free Relay#	76

***The 500 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30 am in order to swim the event. These are timed final events with fastest seeded heat swimming in Finals. All remaining heats will be swum during the preliminary session fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events. The top 8 seeded relays will be swum during the finals session after the conclusion of all individual events.. All other relays will be swum during the prelims session. Only two (2) relays per team may be entered for the 800 Free Relay. Swimmers may not swim on a 12 & Under relay and a 10 & Under relay of the same stroke and distance.

Session IV – Sunday, March 7, 2010

Girls

Preliminaries – Warm-up: 7:30 am / Meet Start: 9:00 am

Boys

Finals – Warm-up 4:00 pm / Meet Start: 5:00pm

<u>Event #</u>	<u>Event</u>	<u>Event #</u>
77	10 & U 200 Free Relay#	78
79	12 & U 200 Free Relay#	80
81	13-14 200 Free Relay#	82
83	10 & U 50 Back	84
85	11-12 50 Back	86
87	13-14 50 Back	88
89	10 & U 200 IM	90
91	11-12 200 IM	92
93	13-14 200 IM	94
95	10 & U 50 Free	96
97	11-12 50 Free	98
99	13-14 50 Free	100
101	11-12 200 Breast	102
103	13-14 200 Breast	104
105	13-14 1000 Free*****	106
105a	11-12 1000 Free*****	106a
107	12 & U 400 Medley Relay#	108
109	13-14 400 Medley Relay#	110

*****The 1000 Free will be deck seeded, requiring positive check-in at the Clerk of Course by 9:30AM in order to swim the event. The 1000 Free is a combined event, scored separately by age group. Events will be swum fastest to slowest, alternating girls and boys by heat.

Relay events are timed final events. The top 8 seeded relays will be swum during the finals session after the conclusion of all individual events. All other relays will be swum during the prelims session. Swimmers may not swim on a 12 & Under relay and a 10 & Under relay of the same stroke and distance.

Arizona Swimming – USA Swimming Entry Card:

<http://www.azswimming.org/docs/azsi-entry-form.pdf>

ARIZONA SWIMMING – USA SWIMMING ENTRY CARD

Male:

Female:

Last Name:

First Name:

M.I.:

Age:

Event No.	Freestyle (Submitted Time)	Event No.	Backstroke (Submitted Time)	Event No.	Breaststroke (Submitted Time)	Event No.	Butterfly (Submitted Time)	Event No.	I.M. (Submitted Time)
	25 : .		25 : .		25 : .		25 : .		100 : .
	50 : .		50 : .		50 : .		50 : .		200 : .
	100 : .		100 : .		100 : .		100 : .		400 : .
	200 : .		200 : .		200 : .		200 : .		
	400/500 : .	USA Swimming ID Number:				Club Initials:		No. of Events x \$6.00	
	800/1000 : .	Team Name:				Coach's Name:		LSC Surcharge: \$5.00	
	1500/1650 : .	Parent's Name:				Parent's Phone:		Relays \$12.00 each	
								Total Entry Fees Due: \$	

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PROOF OF TIME FOR TOP 8 SEEDING

This section MUST be completed for swimmers to be seeded in the top 8 for these timed final events.

Event	Time	Meet Where Time Achieved
10 & U 500 Free		
11-12 500 Free		
13-14 500 Free		
11-14 1000 Free		
11-14 1650 Free		
11-14 400 IM		