

5. The Arizona controlled meet warm-up procedure will be enforced and posted.
6. Any swimmer entered in the meet, unaccompanied by a US Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Schedule Sunday, November 6th Warm up 12:00 p.m. Meet Start 1:00 p.m.

Entries Deck entries will be accepted, however we **highly encourage** all club teams to email or bring a Hy-tek entry file so that we can import your team's entries to save time. Swimmers may change their entries (withdraw or add additional events) on deck prior to the start of the meet.

Entry Fees Arizona Swimming Surcharge \$5.00
Individual Events \$3.00
Make Checks Payable to: Phoenix Swim Club

Awards There will be no awards.

Concessions A snack stand will be available.

Sunday, November 6 th	Warm up 12:00 p.m. Start 1:00 p.m.	
Girls	Events	Boys
1	200 FREE	2
3	400 IM	4
5	100 BACK	6
7	100 FLY	8
9	200 BREAST	10
11	500 FREE	12
13	200 BACK	14
15	100 FREE	16
17	200 IM	18
19	200 FLY	20
21	100 BREAST	22
23	50 FREE	24
25	1000 FREE	26
27	1650 FREE	28